



JUICE & SNACK BAR

Pirate's Cove

MENU



SUPERBASE
157 1ST STREET, JERSEY CITY

PASTRIES



PLAIN CROISSANT	(270)	3
CHOCOLATE CROISSANT	(340)	3
BLUEBERRY MUFFIN	(450)	4
CHOCOLATE CHIP MUFFIN	(450)	4

OATS, YOGURT & FRUIT



BLUEBERRY COBBLER		7
OVERNIGHT OATS	(360)	7
DARK CHOCOLATE SEA SALT		7
OVERNIGHT OATS	(350)	7
MAPLE PANCAKES		7
OVERNIGHT OATS	(350)	7
YOGURT WITH GRANOLA		5
& HONEY	(260)	5
ICE CREAM	(260)	5
vanilla, chocolate, strawberry, mint chip, blue cotton candy, coconut, mango		



SNACKS

• PROTEIN BARS	(270)	5
• ALFAJOR HAVANNA	(330)	5
• FRUIT ROLL-UPS		2
• ASSORTED CHIPS & COOKIES		1-3
Check the display and pick your favorite snack. It's that easy.		

SPECIAL SMOOTHIES & JUICES



PURPLE DRAGON SMOOTHIE (10 OZ)	(340)	9
spinach, ginger, turmeric, black seed oil, chia seeds, pineapple, raspberry, blueberry, blackberry, banana, pomegranate, coconut water		
BILLY'S BLUE LEMONADE (10 OZ)	(105)	7
water, organic lemonade, blue spirulina, cayenne pepper		
LEMONADE		5
FRESH SQUEEZED ORANGE JUICE		5
SOLARA'S FIRE ELIXIR (2 OZ)	(45)	5
fresh squeezed OJ, turmeric, ginger, cayenne black pepper, pomegranate juice, cinnamon		
DISTILLED WATER (16.9 OZ)		1.50
PREMIUM WATER (16.9 OZ - FIJI)		3



COFFEE & TEA

• ESPRESSO / LUNGO	4
• AMERICANO	4
• CAPPUCINO / LATTE	4
• DRIP COFFEE	4
• HOT TEA	4
• HOT CHOCOLATE	4

SANDWICHES PIZZA & MORE



TURKEY SAUSAGE, EGG & CHEESE SANDWICH	(410)	8
VEGGIE, EGG, TOMATO & CHEESE SANDWICH	(450)	7
SLIDERS	(460)	4
FRESH PIZZA (PLAIN SLICE)	(360)	3
CHICKEN NUGGETS	(450)	6
MOZZARELLA STICKS	(430)	6
Chimichurri Sauce - \$1 (80)		
Hot Sauce - \$1		

EMPANADAS BY EMPALIFE



KNIFE CUT BEEF	(190)	5
CHICKEN	(180)	5
CHEESE & ONION	(210)	5
HUMITA (CREAMY CORN)	(200)	5
SPINACH & ARTICHOKE	(170)	5

gluten free	organic
dairy free	non gmo
soy free	kosher
nut free	calories
vegan	

This menu was designed for you to be inspired, be healthy, be active, be you. Enjoy it Consciously!

10%+ OF PROFITS ARE DONATED TO CHARITY.
SUPER BASE MEMBERS GET 10% OFF ALL FOOD.
EARN KIDCOIN REWARDS ON ALL PURCHASES.

