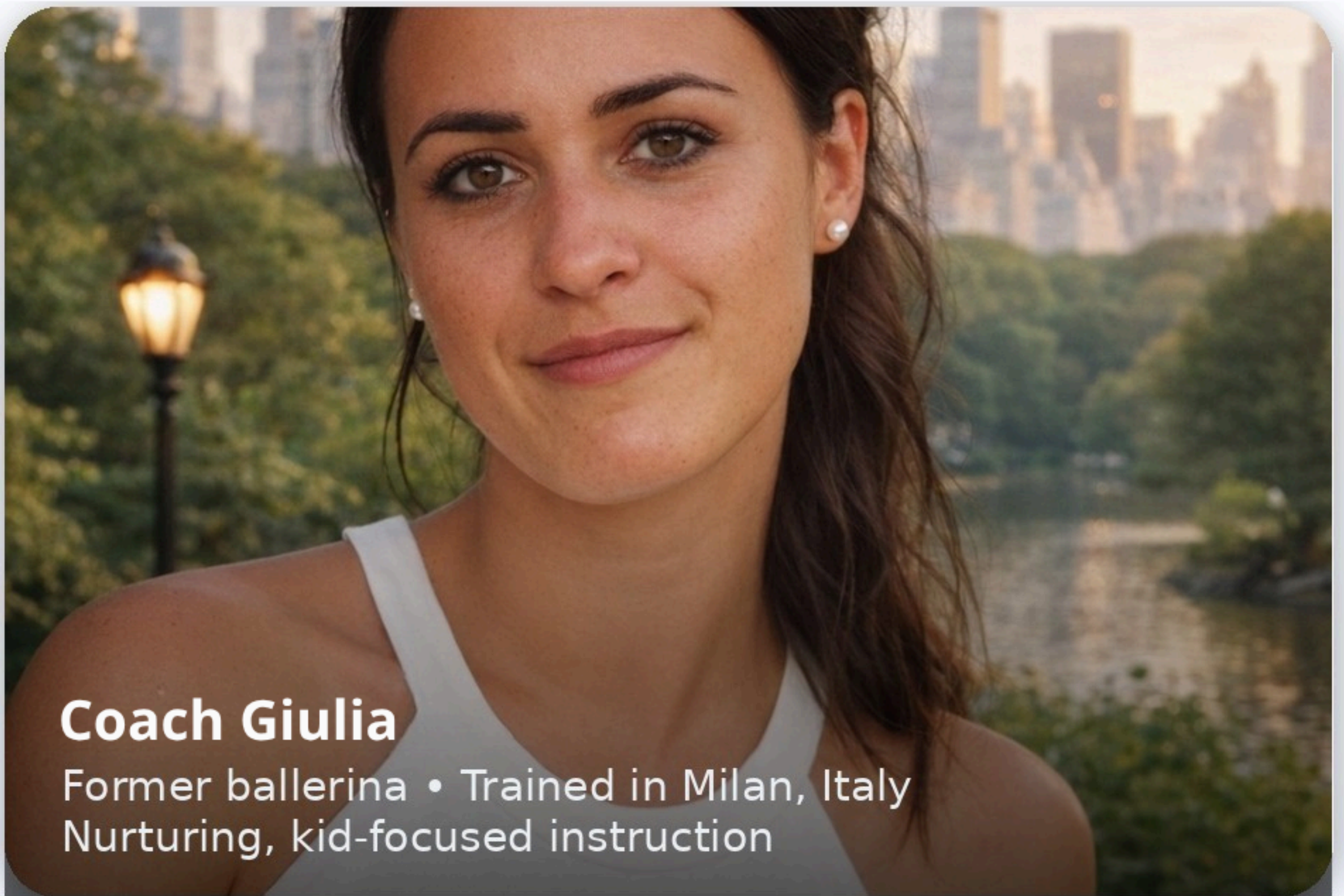


Dance & Gymnastics

FRIDAY CLASSES ● Starting Apr 10 • 5-6:30 PM



Coach Giulia

Former ballerina • Trained in Milan, Italy
Nurturing, kid-focused instruction

Pre-Ballet & Gymnastics

(Ages 3-6 @ 5pm | Ages 6-9 @ 5:45pm)

A beginner-friendly introduction to ballet + gymnastics in a fun, play-based environment.

Typical class flow:

- Warm-up & stretching (15 min)
- Skills & exercises (15 min)
- Choreography + free dance (15 min)



Sign-Up @ \$40/Class

superbase.games/gymnastics

Hosted by Superbase Jersey City @ 157 1st Street | +1 551.225.9438